

ACTIVE LEARNING TEMPLATE: *Nursing Skill*

STUDENT NAME _____

SKILL NAME Pain Assessment

REVIEW MODULE CHAPTER _____

Description of Skill

Pain assessment is a multidimensional observational assessment of a patient's experience of pain. Pain is subjective and hence self-report is considered the Gold Standard and most accurate measure of pain.

Indications

When the patient's chief complain is pain
When determining the regimen to use to reduce the pain

Outcomes/Evaluation

Determine correctly the level of pain associated with the patient's condition to help correctly identify the regimen to use in reduction of pain.

Potential Complications

Producing more pain

CONSIDERATIONS

Nursing Interventions (pre, intra, post)

Pre-test:

Inform the patient of what you are doing

Correctly identify the patient using the two tier identifiers (Name and Date of birth)

Review the pain assessment that you intend to apply

Intra-test:

Inquire from the patient of how they would rate their pain on a scale based on the method of choice, explaining what each level of the scale means.

Look at the patient's cues to assess their expression.

Post-test:

Thank the patient for their cooperation

Reassure them that you are there to help them

Correctly document your findings.

Client Education

Instruct on what the skill involves

Explain the procedure to the patient

Explain the benefits and risks associated with the assessment

Nursing Interventions

Assess pain using a developmentally and cognitively appropriate pain tool